



### Urinary system

The human urinary system consists of the kidneys, ureters, bladder and urethra. In men, the prostate is the organ that contributes to sperm fertility, located just below the bladder and surrounding the original part of the urethra.

### Benign prostatic hyperplasia (BPH)

Over time, in men and especially after the age of 50 (about 50%) and over 80 years (80%), the prostate begins to overeat, i.e. to grow, thus tightening the urethra more and more and making it difficult to pass urine. This increase in prostate size is called hypertrophy or hyperplasia and is perceived in men as a frequent need to urinate, increased frequency of urination at night (nocturia), difficulty in starting or during urination, poor urine flow or even urinary incontinence, while it is not uncommon for a normal sex life to be prevented.

### What ProstaCOR is

ProstaCOR is a food supplement consisting of a premium source of *Serenoa repens* (SPE) with fatty acids content of between 85%-95% and sterols 0.2%-0.5%, Astaxanthin (*Haematococcus pluvialis*), Vitamin D3 and Melatonin. The phytosterols contained in *Serenoa repens* (SPE) combined with Astaxanthin, have antioxidant activity and help the proper function of the urinary system in men. Vitamin D3 contributes to the normal function of the immune system. The composition of ProstaCOR is also enriched with Melatonin, which contributes to reducing the time of falling asleep and thus helps men not to respond to urination at night.

**Best before use:** Do not use after the expiry date printed on the box.

**Recommended Daily Dose - Directions for use:** 1 soft capsule at night before bed with a glass of water. Do not exceed the recommended daily dose.

**Warnings:** Not recommended in women of childbearing age. Keep in a cool and dry place. Keep out of the reach of children. If you take other medicines to regulate the function of urinary system or anticoagulants, consult your doctor before taking this food supplement. Food supplements should not be used as substitute for a balanced diet. This product is not intended to prevent, treat or cure human disease. Consult your doctor if you are pregnant, nursing, taking medication or experiencing health problems.

**This food supplement is Lactose and Gluten free.**

**Ingredients:** *Serenoa repens* (BATRAM SMALL) oily extract (fruit); **Soybean oil**; Gelatin; Microalgae oily extract (*Haematococcus pluvialis* FLOTOW, thallus) 10% in Astaxanthin; Thickener: mono- and diglycerides of fatty acids; Firming agent: glycerol; Emulsifier: **Soy lecithin**; Melatonin; colors: titanium dioxide, iron oxides; Cholecalciferol (Vitamin D3).

NUTRITIONAL INFORMATION		
<b>Recommended Daily Dose:</b> 1 soft gel capsule 700mg		
<b>Total doses per pack:</b> 30 capsules		
Ingredients	Daily dose	NRVs* (%)
<i>Serenoa repens</i> Extract 85-95% FA	320 mg	- **
Astaxanthin	2 mg	-**
Vitamin D3	50 mcg / 2000 IU	1000*
Melatonin (powder)	1 mg	-**

\* NRVs established in  
1169/2011/EC Regulation  
of 25<sup>th</sup> Oct. 2011

\*\* NRVs not established

**Tel. No. of Poisoning Center:** (+30) 210 7793777

**EOF Notification No.:** 68280/15-7-2021      The product is not subject to authorisation procedure.



### Responsible for Product Marketing:

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Manufactured within the EU.